

# Who We Are

## Background

Your Medication Working For You (YMWFY) is a Pharmacist run service that provides educational information and support for people living with Type 2 Diabetes.

Through our website , newsletter and social media pages we share educational information with the sole purpose of empowering through knowledge those living with Type 2 Diabetes.

Diabetes is the second leading cause of death in South Africa, and the leading cause of amputations, blindness and kidney failure in the world.

An Estimated 90-95% of all those living with Diabetes have Type 2 Diabetes.

**'The diabetic who knows the most, lives the longest.'**

- Elliott P. Joslin



## Values



The core identity of our business is **empathy**.

We want to see things through your eyes, listen through your ears and feel with your heart.

We want to hold your hand as you take control of your health.



## Goals

Diabetes is a complex condition that requires knowledge to manage ,and we understand that knowledge is power.

When we know better we do better. This is a concept that applies in healthcare as well.

We aim to empower those living with chronic conditions, especially Type 2 Diabetes with the tools to be able to take control of their health.

## Get in touch



**069 156 0334**



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**www.ymwfy.co.za**



# Services

Majority of individuals living with Type 2 Diabetes have other chronic conditions like hypertension, high cholesterol and HIV. As we know South Africa has the biggest ARV roll-out program in the world.

We offer two main services:

## Medication Review Services

With this service we do an audit of all your current medications prescribed and non-prescribed, this includes over the counter medicines and supplements you may be using.

The purpose of this is to help identify possible duplication, interactions between medication and what we call medication disease interactions. How medication used to treat one condition may affect other existing medical conditions.

At the end of this exercise, we will provide you with information about your medications. Teach you how to effectively take them to avoid interactions and minimise side effects.



## Services cont...

## Medication Therapy Management

Our team of pharmacists will conduct a thorough review of all your medications, identify potential issues, and work with you and your healthcare provider to develop a personalised plan that meets your specific needs.

This involves discussions about your blood results, helping you understand what your numbers mean. We will assist you with goal setting and provide you with tools to help meet your health goals.



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